



# Cockfield C of E Primary School

## Early Help Offer

Approved by: Marc Gilbert (Executive Headteacher)  
Review Date: July 2026  
Next Review date: July 2027

# Early Help Offer

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| <b>Early Help</b>                                                            | At Cockfield C of E Primary School, we recognise that family life can sometimes present challenges. During these moments, you may require additional support and guidance. To assist you, we provide an Early Help Offer designed to offer the help and advice you need.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>What support do we offer?</b>                                             | The Pastoral Team at Cockfield C of E Primary School consists of Mr Gilbert, Mrs Tindal, Miss Perkins and Miss Leaman. We are here to provide advice on a variety of issues or direct parents to other resources, support, and information as needed.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>What sort of concerns might parents share with our team?</b>              | We support a wide range of issues, including behaviour management, financial difficulties, debt concerns, domestic abuse, housing challenges, mobility issues, parental imprisonment, bereavement and loss, cyberbullying, or any other matters you feel could be negatively affecting your child.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>What might we offer in response to your concerns?</b>                     | At Cockfield C of E Primary School, we offer tailored interventions to support individual pupils or groups. We understand that mental health challenges can sometimes underlie social, emotional, or behavioural difficulties and work with families to access the right support. We have access to a wellbeing support service and a play-based therapist, specifically for pupils dealing with trauma, bereavement, or loss.<br>We are committed to fostering nurturing experiences, such as Wellbeing Nurture sessions for all pupils and dedicated 1:1 support for those who need it, in addition to the class programme. Triple P parenting courses are available for families interested in additional guidance.<br>For attendance concerns, we provide school-based support and, if necessary, involve the Educational Welfare Officer for further assistance. Referrals to external counsellors and play-based therapists are also available when additional support is required. |
| <b>How might the support be managed?</b>                                     | At Cockfield C of E Primary School, we offer various methods of support tailored to individual needs. We follow a therapeutic thinking approach. Sometimes, an informal pastoral support meeting with a documented conversation may be sufficient. For additional support, Individual Risk Assessments can be implemented to help specific pupils.<br>For those at risk of exclusion, Suffolk Access to Education team can be contacted, ensuring a range of strategies have been provided and offering further ideas for support. Individual or group wellbeing sessions are used to create action plans for targeted interventions, with home plans available to assist parents.<br>If a referral to the Early Help team is required, we will work with parents to complete the necessary documents. Once accepted, a Team Around the Child (TAC) will be established to coordinate and implement multi-agency support plans.                                                           |
| <b>How will safeguarding procedures be effective in supporting families?</b> | Cockfield C of E Primary School has three trained Designated Safeguarding Leads, with access to many others across the Trust. All staff are fully trained to identify and report safeguarding concerns. When concerns arise, the school will follow established reporting procedures to ensure the safety and wellbeing of pupils.<br>Our team works closely with families and relevant agencies, including Child in Need or Child Protection teams, to address and mitigate identified risks to children. Support is provided collaboratively by social workers, external agencies, and the school to assist families effectively.                                                                                                                                                                                                                                                                                                                                                       |
| <b>How will our pupils learn to keep themselves safe?</b>                    | At Cockfield C of E Primary School, our curriculum and partnerships with external agencies, such as the NSPCC and the police, help pupils learn how to keep themselves safe. Pupils are also informed about the role of the Pastoral Team, and many confidently access this support independently.<br>Appointments with the school nurse are available for both pupils and their families.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| <b>Who might the school refer to?</b>                                               | <p> The Early Help Team<br/> Children and Young People's Services<br/> The In Year Fair Access Panel<br/> Counselling services<br/> Wellbeing Service<br/> School Nurse<br/> Speech and Language Therapist<br/> Educational Psychologist<br/> Young Carers<br/> Specialist Educational Services<br/> Sendias – formerly known as parent partnership<br/> Statutory SEND Services Teams<br/> Educational Welfare Officer </p> |
| <b>Signposting: agencies the school might suggest as sources of further support</b> | <p> Citizens Advice Bureau<br/> GPs<br/> Occupational Therapists<br/> Paediatricians<br/> Children and Young People's Services<br/> The Early Help Team<br/> Speech and Language Therapist<br/> School Nurse<br/> Young Carers<br/> Freedom Project<br/> Housing Associations<br/> Food Bank<br/> Sendias – formerly known as parent partnership<br/> Children and Adolescent Mental Health Service </p>                     |
| <b>When should I contact the Pastoral Team?</b>                                     | <p> Contact us when you have a concern which is affecting your child(ren). We will always try to see you quickly or to give you a call to find out what the problem is and arrange to meet and discuss it with you. </p>                                                                                                                                                                                                     |
| <b>Policies</b>                                                                     | <p> School policies are available on our website or paper copies can be requested from the school office.<br/> Relevant policies include:<br/> Special Needs Policy<br/> Safeguarding Policy and Child Protection Procedures </p>                                                                                                                                                                                            |